

## **CHARITY WATCHLIST**

## **American Kidney Fund**



**CONTRACEPTION & ABORTION** 

• Nephrologist Dr. Jessica Tangren is featured in <u>a three-part article series</u> by American Kidney Fund about family planning for those with kidney disease. Dr. Tangren says:

*"It's important to talk about contraception if you don't want to have a pregnancy because you can start to have normal periods again."* 

· Later in the article, Dr. Tangren claims the following:

**"You can and definitely should be on some form of birth control**, even if you have kidney disease. In my opinion, by far the safest and most effective forms of birth control for women with kidney disease are what we call LARC's – or long-acting reversible contraception – and those would be forms of contraception like an IUD [intrauterine device].... There's also an option for a small implant in the arm that can be removed if a woman no longer wants contraception."

• In <u>part two of the article series</u>, Dr. Tangren suggests IVF could be another option for couples:

"If you are choosing to do invitro-fertilization (IVF), you can also do a genetic testing of embryos prior to transfer."

American Kidney Fund kidneyfund.org

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## Mission

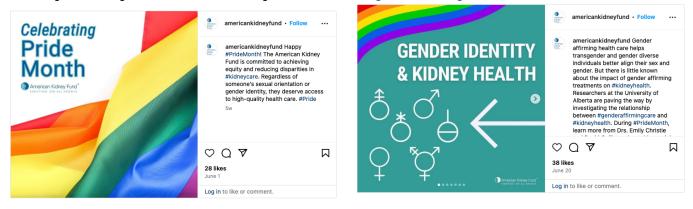
Help people fight kidney disease and live healthier lives.

Focus

kidney disease

## LGBTQ+

· Posts images on Instagram in June 2024 honoring "Pride Month" and "gender affirming care":





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