



# CHARITY WATCHLIST

## American Kidney Fund



### CONTRACEPTION & ABORTION

- Nephrologist Dr. Jessica Tangren is featured in [a three-part article series](#) by American Kidney Fund about family planning for those with kidney disease. Dr. Tangren says:

*"It's important to talk about contraception if you don't want to have a pregnancy because you can start to have normal periods again."*

- Later in the article, Dr. Tangren claims the following:

*"You can and definitely should be on some form of birth control, even if you have kidney disease. In my opinion, by far the safest and most effective forms of birth control for women with kidney disease are what we call LARC's – or long-acting reversible contraception – and those would be forms of contraception like an IUD [intrauterine device]. . . . There's also an option for a small implant in the arm that can be removed if a woman no longer wants contraception."*

- In [part two of the article series](#), Dr. Tangren suggests IVF could be another option for couples:

*"If you are choosing to do invitro-fertilization (IVF), you can also do a genetic testing of embryos prior to transfer."*

### LGBTQ+

- Posts images on Instagram in June 2024 honoring ["Pride Month"](#) and ["gender affirming care"](#):

